DOI: 10.53469/jechl.2024.07(02).27

# Research on the Historical Experience of the Northwest Ancient Silk Road under the Background of "The Belt and Road" Construction

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Abstract: "Belt and Road" represents a corridor of collaboration and mutual gain, aimed at facilitating balanced growth and widespread prosperity. It is a peaceful road to enhance understanding and trust and strengthen all-round exchanges. After Zhang Qian's departure, the ancient Silk Road in the Northwest after the Western Regions was unblocked, political and economic ties between China and foreign countries under normal conditions were established, and the Silk Road trade was further developed. Today, the "Belt and Road" is not a replica of the "Silk Road" but a continuation of the "Silk Road", The "Belt and Road" initiative not only brings huge economic extension to China's economic construction, but also promotes the economic prosperity of countries in the world, strengthens political exchanges among countries in the world, and makes great contributions to the construction of world civilization. In this context, we need to deepen our understanding and understanding of the ancient Silk Road from history, and study the historical value brought by this ancient important channel from more angles. The important role is to learn from historical experience so that it can be used forever.

Keywords: The Belt and Road Initiative and the Silk Road; Lessons from Historical Experience.

# 1. THE SIGNIFICANCE OF THE "BELT AND ROAD" CONSTRUCTION

"Belt and Road" is really good for China to keep on reforming and opening up, and it also helps us change the way we make things. Plus, it brings more chances to the whole world, not just China, strengthen the transportation, energy, network and other infrastructure construction, promote the orderly flow of domestic economic factors and efficient allocation of resources, strengthen the depth of the market cooperation, open the economic regional cooperation, maintain the domestic social economy smooth and efficient operation. The Belt and Road Initiative is not just a project, but a vibrant and dynamic collaboration that fosters mutual learning and growth between China and the participating countries. It's a bridge that connects us, a gateway to shared prosperity and a path to a more interconnected and vibrant future. At the same time, it is conducive to the transformation of government functions and complementing with countries along the Belt and Road in terms of technology, capital, markets, talents and raw materials, creating a good foundation and opening up a wider space for economic development. At the same time, it can make up for the unbalanced development of the domestic economy, drive the development of the western region, and form a balanced and stable development situation in various regions. It can also promote the progress of domestic cultural construction, hold more meetings on cultural exchanges, publish higher-level cultural books and launch cultural festivals to promote the all-round development of culture.

World cooperation scope is expanding, in the face of opportunities and challenges are increased, the international financial crisis still affects the countries around the world, the construction of the "Belt and Road" initiative in the face of these challenges provides a new governance solutions, to alleviate the development problems of the countries along the short and management system, to a certain extent to solve the shortage of public products, at the same time to promote along the requirements of global governance mechanism change, reduce the negative impact of narrowing the gap between the rich and poor, shorten the unbalanced development between regions. Help between countries to establish equality and mutual benefit, mutual respect of international relations, can bring tangible interests along the countries, establish a political mutual trust, economic integration, cultural inclusive interests, destiny and responsibility community, at the same time with countries along the experience of China's reform and opening up, along the emerging countries and developing countries bring new development ideas, promote the long-term stability of countries along the economy development. It will also promote exchanges and interactions in education, health, culture and technology among the Belt and Road countries along the Belt and Road, strengthen in-depth dialogue among different civilizations, enrich the connotation of the Silk Road spirit, and promote mutual trust and common development among countries along the Belt and Road.

# 2. HISTORICAL EXPERIENCE THAT THE ANCIENT NORTHWEST SILK ROAD CAN BE LEARNED FROM UNDER THE BELT AND ROAD INITIATIVE

The ancient Silk Road was a symbol of the Chinese nation's journey to the world. The prosperity of the Silk Road was inseparable from the wisdom of the central government and the people of all ethnic groups in various countries at that time. Today, there are still many valuable material and spiritual heritages worth learning and using in the construction of "Belt and Road". The historical experience of the ancient Silk Road can provide a useful reference for the construction of "Belt and Road".

### 2.1 Historical experience of northwest Silk Road in economy and trade

The Silk Road is first of all a "trade road", which plays an important role in communicating the economic development and trade prosperity of countries along the Belt and Road. In the construction process, the "Belt and Road" initiative should inherit the historical task of ancient silk and deepen the efficient trade and economic interaction with the countries along the Belt and Road. According to historical records, "Han Xing more than 60 years, Hai Ai'an, the Treasury is full." This shows that the internal social development of the Western Han Dynasty was in good condition, At the same time, the Western Han Dynasty sent Zhang Qian on a diplomatic mission to the Western Regions, "From the moon to the big summer", "being close to the black sun" and "breaking the right arm of the Xiongnu". We can see that the central government of the Han Dynasty maintained the stability of the Western Regions, After making peace with the Huns, Guaranteed for an extended period of friendly relations, As we advance the Belt and Road Initiative, let's draw inspiration from the ancient Silk Road and forge friendly and cooperative ties with the nations along its path. This, in turn, will foster mutual economic growth and trade prosperity, not only between China and the Belt and Road countries, but also among themselves! To counter the impact of the economic crisis on all countries. At the same time, in the Tang Dynasty, "The state and the Turkic harmony, China, Yi at ease, A soldiers to rest; The state bought the Turkic sheep and horses. The Turkic silk gifts received by the state, Give each other well." The tang dynasty government bought the Turkish good sheep horse enriched their own strength, the also lacking, it shows that through the complementary advantages between countries, can promote the development of their strength, in the construction of Belt and Road also want to play to the technical advantage, capital advantage, labor, energy advantage, these single advantages into the market and cooperation, all-round, multi-angle economic cooperation, and with countries along the share their achievements, experience and lessons. At the same time, the prosperity and development of the silk road and its open inclusive has inseparable links, han, tang, song, yuan dynasty government, actively establish good communication with all parties, and the economic and political in the current developed level, then China has an open bearing, mind and confidence, can through the ancient silk road and along the countries adopt open inclusive attitude to establish equal and reciprocal communication. So in the process of "Belt and Road" strategy, also should adopt open inclusive attitude, accept from different culture, and let the spirit of China to more countries, let the rich cultural eclecticism, the essence of foreign culture, better enrich the Chinese culture, along the countries and China bring greater economic benefits.

### 2.2 Historical political experience of the Northwest Silk Road

The prosperity and development of the ancient Silk Road could not be separated from the construction of the Silk Road by the governments of various dynasties. The Silk Road was not unoperated by the government, but was not completely organized by the traders. Historical records record that " the Canon, Qin officials, the hands of the barbarians, cheng. In six years of the name, Emperor Wudi in the first year of the name of honglu." In the Western Han Dynasty, the government set up the post of "Dahong Lu" to receive foreign envoys and passing merchants. The vouchers used in customs clearance shall manage the people who contact with them. In the Tang Dynasty, foreign investors were protected by policies, and excessive tax rates were not allowed. All of these are the political and policy measures made by the dynasty governments for the prosperity and development of the ancient Silk Road. These policies effectively protected the basic rights of foreign merchants and had a general management along the Silk Road, promoting the balance of the market and contributing to the economic development along the Silk Road. In the current "Belt and Road" strategy, we should reasonably inherit and develop, guarantee the political freedom of countries along the "Belt and Road", and actively advocate and promote the development of the "Belt and Road" initiative. Established with countries along the political mutual trust, harmony and mutual aid, and establish the relevant political cooperation system, strengthen with national policy strategy and countermeasure cooperation, establish mutual trust, mutual coexistence of good policy mechanism, jointly safeguard the "Belt and Road" along the peace and stability, to create a peace, stability, political mutual trust and common prosperity of "Belt and Road".

### 2.3 Historical experience of the Northwest Silk Road in culture

The ancient Silk Road is a road of cultural exchange, gathering the excellent cultures of various countries in various regions, realizing the cross-civilization exchanges and dialogues between countries, nations and nations, recording the growth of different countries and nations, and becoming the common memory of all mankind. The ancient silk road brings together various countries and nationalities about literature, astronomy, geography, humanities, architecture, art, history, philosophy, British scholars Francis bacon of Chinese gunpowder, compass, printing gave high evaluation said: " these three inventions have been in the world all the things and things have changed." This shows that the Silk Road promoted the spread of culture related to science and technology, and Chinese culture gradually began to enter the trend of the world. As early as the early 1st century, Confucian culture had been introduced into Korea, and just like that, the Confucian classics the Book of Songs and the Spring and Autumn Annals transformed into the Korean people's very own storybooks! In the 5th century, Japan sent Tang scholars home to create hiragana and katakana. In today's Belt and Road Initiative, let's inject a fresh pulse into the Silk Road spirit! With "solidarity, mutual trust, equality, mutual benefit, inclusiveness, mutual learning, and win-win cooperation" as our guiding principles, let's bring diverse nations of different races, beliefs, and cultural backgrounds together under one roof to share in the bounty of peace and common development. Let's build bridges of understanding and cooperation that span the globe, and forge ahead with enthusiasm and unity in pursuit of a brighter future for all! Enthusiastically encourage the assembly of diverse cultures and their rich tapestry of fusion, thereby generating immense worth and fostering a precious human spiritual material culture. Through the "area" initiative, let's cherish the uniqueness of various countries, ethnicities, and religious beliefs. Enable the complete expression of distinct cultural spirits, actively explore, engage in mutual learning, mutual benefit, and mutual success, and foster cultural exchanges and civilized dialogue in the "area".

### 2.4 The historical experience of the Northwest Silk Road in ecological and environmental protection

Throughout the development history of the ancient silk road, which interspersed with many ecological environment disasters and the process of ecological problems, the governance countries and regions along the ancient silk road using wisdom to solve many problems, and the ancient ecological environment problems mainly include: snow, sand disaster, drought, waterlogging, insect disaster and bandits, etc. According to the historical records, " from now on, into the quicksand, sand flow diffuse, gather and disperse with the wind, pedestrian without trace, then many lost. Four far and boundless, do not know the meaning of. Is the past visitor, gather the remains to remember it. Lack of water plants, more hot wind, wind, people and animals coma, because of the disease." These historical materials show that sandstorm disasters often occur in the Western regions, threatening people and life and property. In volume 3, Book 3 of Jia Sxie," Wind, insects, water, drought, famine, within ten years, live in four or five years, peace can not prepare fierce disasters." This shows that the northern region often appeared wind, insect, flood, drought these four disasters. In the Turpan contract literature of the State of Gaochang, " Canal fields are fields irrigated by canals." This suggests that intensive waterway management systems had been established at the time to cope with the drought. In the two boxes of the horse army school pick Yin a living conditions recorded: for today, he Chen Li, the edge of the class westward, a fear of fall (luo) road sparse danger, two is afraid of the thief robbery." This is a description of the bandit disaster. We should actively learn from the excellent experience of other countries in controlling disasters, and give full play to the wisdom of the people to jointly resist the attack of disasters. It is also necessary to consolidate the national defense forces, establish a flexible and random national defense forces, ensure security, and can randomly respond to the emergence of various situations, and efficiently solve a series of problems. At the same time, it is necessary to treat the disaster, improve water conservancy facilities, scientifically planning and management, and realize the harmony between man and nature. The most important thing is that in the face of the destruction of the ecological environment caused by the increasingly serious natural disasters, it is necessary to prevent wind and fix sand, pay attention to the problem of land desertification, and take active and effective measures to deal with it. It is also necessary to take good measures to deal with new disasters. In the face of unknown disasters, countries along the "Belt and Road" route should take precautions and nip the disasters in the cradle, so as to fundamentally solve the harm brought by natural disasters and man-made disasters to countries along the "Belt and Road" route.

# 2.5 Historical experience of the Northwest Silk Road in maintaining international public health security

Where there are people, there are all kinds of disease problems that arise, As small as a cold and wind chill, Large enough to carry infectious diseases, Countries and regions along the Silk Road have been threatened by diseases, Disease governance has also become an important task, Nowadays, the prevention and treatment of diseases has become a public health problem along the Belt and Road route and even the world, Northwest, with various

diseases along the ancient Silk Road, The records of infectious diseases are mainly written in the book miscellaneous Writing, The book writes that "disease", "disease" and "disease" are all summer infectious diseases, In the later development of the Single Scripts, it is recorded: "When people are angry, All with blisters, Take the adzuki bean together, And water clothing of the, Chai man."It was used to treat the disease. After the summer, the disease also endangers the safety of the people. No, Meng Fu to."This is a description of frostbite caused by severe winter cold in northwest China; in "Single medicine prescription of various diseases "," people are urgent jaundice vellow, take rhubarb, new dung and wood to relieve fire, clear heat and dampness and vellow,"This is the description of lung disease and its treatment method, which shows that lung disease can be treated by certain means at that time; trauma can also be treated with dogwood at that time, showing the rich wisdom of people along the Silk Road. "Dogwood", rtaceae, deciduous trees, fruit medicine, temperature in pain, insecticide. In the "Tangxi Gaochang County and Yifang equal section book" (four) recorded: "29, medical assistant, father."; The setting of" medical assistant "in TangState reflects the cultivation of medical students at that time, which makes the" One Belt And One Road " construction focus on the cultivation of medical talents, and the most critical link of public health security is medical talents. Now the medical technology is gradually developed, more diseases have been better solutions, but still need all countries along the route to continue to contribute to new diseases and unsolved diseases. Cultivate the medical talents followed by the establishment of medical institutions in the tangwest gaochang county taiping township Fu for inspection soldiers Sun Haihidden trouble ":" camp division after more built loyalty qu monk, such as damage, namely, to follow, to the river, from not in addition to, the river complex has picked up again forward, have to keep river Ann, and on the army."In the historical data in the tang dynasty on the silk road has provided medical services, which requires along the" Belt and Road "set up perfect medical system, and establish the effective operation of medical institutions and service agencies, in the" Belt and Road " strategy along the countries in public health security problems, can respond positively, jointly take measures, countries along the people's life safety. Along the "Belt and Road" not only has more countries and regions more nationalities live together, in the disease prevention and control of the people equally, respect each other, at the same time each nation has their own precious wealth, in the disease, also want to collect intelligence together reasonable and effective disease prevention and control, also want to actively to the ancient silk road in effective disease treatment combined with modern technology, to create a more efficient more perfect disease prevention and control method. In recent years, due to the outbreak of COVID-19, Countries along the routes have been harmed to varying degrees, China has set an example in safeguarding international health security, Actively take response measures to control the spread of the epidemic, At the beginning of comprehensive assistance to all countries as the domestic epidemic is stabilizing, Not only in medical and health care, but also in the world in psychotherapy, production of epidemic prevention materials and assistance for epidemic prevention materials, In response of this sudden situation, In the construction of "Belt and Road", we should not only build a strong defense barrier, More importantly, more measures should be introduced to deal with emergencies, To escort the countries and regions along the Belt and Road route. To contribute to the building of a community with a shared future for mankind.